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Country: **China**

Titel of the project: **Community AF Home**

## Project details

### **wenzhai cao**

Zigong No.1 Hospital,Sichuan,China

Award amount: €10,000

Community AF Home consists of doctors, nurses and AF patients.We will hold varites of activites to give full information about AF to patients in the AF Home. The patients will get better undertanding of the disease, AF related stroke and improve their quality of life.

Objectives To establish a new model of AF patient educaiton based on community background and investigate the new model to improve outcomes of Af and Af related stroke patients. Methods1. Patient selection AF patients diagnosed by the signs and EKG.The patients was required to 2. Establishment of Community AF Home 5 community medical centres will randomly be selected in Zigong (a city in China). And AF home consisted of community doctors, nurses, cardiologist, neurologist and patients with AF.3. Ways of education3. 1Role of Expert Cardiologist and neurologist will give lectures about AF and AF related stroke to AF patients every months. And they will be consulted by the community doctors. 3. 2Role of community doctors They will set up a case record for every AF patient. And they are required to visit every patient every 2 weeks and document the symptoms, signs and medication of the patients. The errors of patients will be corrected. 3.3 Role of community nurses They will instruct the patients accurate life modification, medication and follow-ups. They will also communicate with the patients and be ready to answer any questions. 4.Arrangement of the activities The activities will be arranged by the organizer once a month or a week. The patients will be informed in advance.

## **Audience**

### **Type**

- AF Patients
- Healthcare professionals
- Carers of AF Patients

### **Location**

China, Asia