

Project generated by: **Contribution 1mission-1million
an Initiative of Boehringer Ingelheim
published in <https://www.heartofstroke.com/all-applications>**

Country: **Germany**

Titel of the project: **AFNET patient information: Atrial fibrillation – heart timing is off**

Project details

Kompetenznetz Vorhofflimmern (AFNET)

Award amount: €10,000

The brochure explains in terms suitable for patients what those affected should know about atrial fibrillation: How does one recognise atrial fibrillation? What dangers does atrial fibrillation involve? What must be done to reduce the risk of stroke? How is atrial fibrillation normally treated? What new therapies are available? Various treatment possibilities are explained – from coagulation inhibitors through rhythm medications to catheter ablation.

Contents of the brochure: The patient brochure of the competence network for atrial fibrillation (AFNET) provides information in 52 pages, in colour and with illustrations, at the forefront of scientific knowledge about atrial fibrillation and the treatment possibilities. The themes: • Atrial fibrillation has many faces • People's disease: atrial fibrillation in Germany • What happens in the fibrillating atrium? • Treating the roots of the disease • Reducing the risk of stroke with blood-thinning medication • Back to the sinus rhythm – medication against atrial fibrillation • When medication doesn't work – catheter ablation • Surgical treatment of atrial fibrillation • Portable devices for the recording of the rhythm disruption – event recorder. Authors: The authors are scientists of the Kompetenznetz Vorhofflimmern: Dietrich Andresen (Berlin), Günter Breithardt (Münster), Nicolas Doll (Stuttgart), Sabine Ernst (London), Andrea Gerth (Munich), Andreas Götte (Paderborn), Peter Hanrath (Aachen), Boris Hoffmann (Hamburg), Paulus Kirchhof (Münster), Karl-Heinz Kuck (Hamburg), Thorsten Lewalter (Bonn), Berndt Lüderitz (Bonn), Thomas Meinertz (Hamburg), Friedrich W. Mohr (Leipzig), Michael Näbauer (Munich), Michael Oeff (Brandenburg), Ursula Ravens (Dresden), Patrick Schauerte (Aachen), Anreas Schuchert (Neumünster), Gerhard Steinbeck (Munich), Stephan Willems (Hamburg). Updated and revised edition: The first edition of the brochure appeared in 2005. In March 2010, the AFNET published an updated and revised edition which also took current developments into account • in the field of stroke prevention: new coagulation-inhibiting medications, atrial appendage closure • for rhythm maintenance therapy: new antiarrhythmic agents, current developments in catheter ablation and in surgical treatments • for the diagnosis of atrial fibrillation: event recorder. The brochure should be promptly updated to take future innovations in the treatment of atrial fibrillation into account. Distribution to those affected: The brochure will be distributed to those affected through various channels: • Physicians pass on the brochure to their patients • The brochure will be distributed from information stands at patient events, training seminars for physicians and congresses • The brochure will be sent directly to affected people and interested parties upon request (we receive enquiries daily) • The brochure can be downloaded from the AFNET website • The brochure will be advertised at the AFNET website and in the media. A total of more than 20,000 copies of the brochure were given to affected people in the German speaking world in past years. The demand, especially since the appearance of the revised edition, remains great: approx. 4,000 copies were distributed in the last 6 months. Financing: The creation of brochure was previously financed with AFNET funds. However, the stock of printed brochures is limited and reaching its end. In addition, public funding of the AFNET will be discontinued in 2011 and there are no longer any additional funds for the updating and revising of this brochure available. The work of the AFNET will nonetheless be continued independently of public support in the association "Kompetenznetz Vorhofflimmern e.V.". In order to also be able to ensure continued distribution to affected persons via the Kompetenznetz Vorhofflimmern e.V., additional financial funds are required (printing and shipping costs, revision of the content). The financial support of €10,000 may be enough to cover the demand for the next two years. --- Kompetenznetz Vorhofflimmern e.V. (AFNET), Domagkstraße 11, 48149 Münster, Tel: 0251-83-45341, Fax: 0251-83-45343, E-mail: info@kompetenznetz-vorhofflimmern.de, www.kompetenznetz-vorhofflimmern.de

Audience

Type

- AF Patients
- Healthcare professionals

Location

Germany, Europe