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Country: **Germany**

Titel of the project: **Sports meets medicine**

Project details

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Sport-Gesundheitspark Berlin e.V.

Award amount: €10,000

A 1-day symposium deals in 10 contributions with the subject of "Getting to the heart of stroke" taking special account of physical activity and sport. The goal is that sports scientists and coaches communicate the connections between atrial fibrillation and strokes afterwards in their training groups.

A 1-day symposium deals in March 2012 in 10 contributions with the subject of "Getting to the Heart of Stroke" taking special account of physical activity and sport. The event is directed primarily to sports scientists and coaches in health sport. Moreover, a 90-minute popular scientific lecture including detailed discussion is offered for the general public. The goal is that sports scientists and coaches communicate the connections between atrial fibrillation and strokes afterwards in their training groups - if possible by passing on information brochures. In this way around 30,000 persons (200 coaches with 150 participants each) with an average age of 65 will be reached. In August and September 2011 the individual topics will be developed and corresponding lecturers appointed, and a meeting room will be selected in parallel. Very good experience was gained in November 2008 with a sports cardiological expert symposium in the Audimax of the Charité Campus Virchow Klinikum with more than 400 participants, so that most of the preliminary organizational work can be taken over. The event will be advertised in cooperation with the State Sports School of the State Sport Association of Berlin as well as the further relevant expert societies as from October 2011. The Sport-Gesundheitspark Berlin e.V. with its 10 sports physicians of different disciplines and 60 sports scientists as well as with the cooperation partners of the State Sports School has varied contacts in the areas of sport, medicine and health and many years experience in training and further education.

Audience

Type

- Healthcare professionals
- Carers of AF Patients
- Coaches and sports scientists in health sports

Location

Germany, Europe