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Country: **Italy**

Titel of the project: **AMADHEART Stroke prevention in patients with AF in Sardinia**

Project details

Gavino Franco Pinna

AIPA-Sardegna

Award amount: €10,000

All patients with AF are at a progressive risk of suffering a stroke. In Sardinia, given the geographical, demographic and social characteristics of the island, patients with AF often live in a condition of clinical risk. In many cases the health of these patients is entrusted to the family GP who gets by prescribing other treatments.

The aim is to acquire and manage a free hotline that can be contacted by all patients and their families. The Freephone number will be circulated on flyers and stickers (5000 copies) to be distributed in pharmacies, doctors' surgeries, at TAO centres etc. throughout Sardinia. In addition, a local sensitisation campaign can be initiated through local press channels or on local radio and television; sponsor a local track event, such as AIPA-Sardegna, for MASTER through the regional FIDAL (Italian Athletics Federation). There are also plans to show a video-clip in ASL waiting rooms for patients having blood samples taken around Sardinia encouraging the patients to contact the AIPA by calling the Freephone number. When calling the Freephone number a member of the AIPA Sardegna (Italian Association for Anticoagulant Patients) will respond and provide useful information about AF and the risks the condition involves and will advise the patient to consult one of the AIPA's selected specialist cardiologists. During the consultation the patient will have the chance to complete the risk questionnaire and undergo any general internist-cardiology tests necessary. The medical consultations can be given priority access to private cardiology clinics, or can be performed through screening at a general practice surgery. The latter option would be preferential in small communities, far from TAO centres. It will also help sensitise the family GPs. At the end of the project, the patients that refused the service will be re-contacted for a follow-up consultation and to propose an eventual cardiological re-evaluation. A final report will collect the data resulting from the project and its most significant experiences.

Audience

Type

- AF Patients
- Healthcare professionals
- Carers of AF Patients

Location

Italy, Europe