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Country: **Italy**

Titel of the project: **Listen to your heart - Check its rhythm**

Project details

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Award amount: €50,000

Paroxysmal atrial fibrillation is the most common arrhythmia cause of stroke and often it proves difficult to identify. The project aims to teach the patient to consider their cardiac rhythm as a vital body parameter, equally important as temperature, blood pressure etc. and to document any variations they find.

Paroxysmal arrhythmia, rarefied over time or apparently symptomless, can often be overlooked by the patient or doctor; its fluctuations over time often make it difficult to identify either with the ECG that lasts just a few seconds, or with Holter monitoring, which frequently produces results of little or no use at great expense. In the majority of cases atrial fibrillation is in turn the cause of stroke. The project aims to teach the patient to consider their cardiac rhythm a vital body parameter, equally important as temperature, blood pressure etc. and to document any variations they find. The patient will therefore be instructed to record the ECG reading with a manual device (that will be supplied) by resting it on the torso whenever the patient recognises the symptoms of palpitations. The ECG readings will be saved and printed by the AIAC centres located in the patient's region. Moreover they will be sent to a National AIAC Centre for statistical analysis.

Audience

Type

- AF Patients

Location

Italy, Europe