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Country: **Spain**

Titel of the project: **PR.IC.CA (Prevencion ICtus Comunidad Andaluza - Stroke Prevention in the Andalusian Community)**

Project details

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SEMERGEN ANDALUCÍA

Award amount: €100,000

SCHEDULE 2011 JANUARY DESIGN TEACHER PROGRAM BY THE COORDINATOR, DR.MARTI CANALES MARCH: TRAINING WORKSHOP FOR TRAINERS AT THE OFFICES OF SEMERGEN GRANADA JUNE/SEPTEMBER: PERFORMANCE OF WORKSHOPS IN PROVINCES OF ANDALUSIA. OCTOBER/DECEMBER: CLINICAL SESSIONS IN HEALTH CENTRES. JANUARY/MARCH: CREATION OF MATERIAL TO ISSUE TO PATIENTS JANUARY/JUNE: MAKING OF SHORT FILM. SEPTEMBER: DELIVERY OF MATERIAL TO PATIENT ASSOCIATIONS

JUSTIFICATION: STROKE: NEUROLOGICAL SYNDROME, HIGH PREVALENCE, INCREASED RISK OF MORTALITY AND INCREASED NUMBER OF EFFECTS. THE INCIDENCE OF THE SYNDROME IS 200 CASES PER EVERY 100,000 RESIDENTS (WHO) WITH REGIONAL DIFFERENCES. SPAIN: CEREBROVASCULAR SYNDROMES: SECOND GREATEST CAUSE OF DEATH AFTER MYOCARDIAL INFARCTION; FIRST IN WOMEN. HIGH HEALTH COST. STROKES ARE PREVENTABLE; THEIR RISK FACTORS ARE MODIFIABLE: HYPERTENSION, HYPERLIPIDEMIA, SEDENTARISM, OBESITY, NICOTINE INGESTION, ATRIAL FIBRILLATION... GIVEN THIS SCENARIO, SEMERGEN-ANDALUCÍA AND THE ASSOCIATION OF ANTICOAGULATE PATIENTS, IT WAS BROUGHT UP THAT THERE IS A NEED TO EXECUTE JOINT ACTIVITIES THAT HELP IN THE PREVENTION AND AND EARLY DIAGNOSIS TO HELP REDUCE THEIR INCIDENCE AND EFFECTS IN THE SCOPE OF THE ANDALUSIAN COMMUNITY. AS A PRODUCT OF THIS AGREEMENT, IN 2009-2010, COINCIDING WITH THE ANTICOAGULATION AWARENESS DAY, A SERIES OF STROKE WORKSHOPS WERE HELD IN THE DIFFERENT PROVINCES OF ANDALUSIA SIMULTANEOUSLY FOR PRIMARY ASSISTANCE PHYSICIANS AND CONFERENCES WERE HELD FOR PATIENTS. GIVEN THE GOOD RECEPTION FROM PHYSICIANS AND PATIENTS, WE ARE LOOKING TO TAKE ANOTHER STEP AND DEVELOP A MORE AMBITIOUS PROJECT THAT INCORPORATES THE COMPREHENSIVE PLAN FOR CARDIOPATHY OF ANDALUSIA (PICA), THE PLAN FOR ATTENTION FOR STROKES AND THEIR EFFECTS PUBLIC HEALTH OF ANDALUSIA.

OBJECTIVES FOR PHYSICIANS:- REDUCE THE INCIDENCE OF STROKES AND THEIR EFFECTS.- INCREASE THE LEVEL OF TRAINING FOR STROKES AMONG PRIMARY ASSISTANCE PHYSICIANS.- SYSTEMATIC CONTROL OF RISK FACTORS IN PATIENTS WHO ATTEND A CONSULTATION. OBJECTIVES FOR PATIENTS.- IDENTIFY MODIFIABLE RISK FACTORS AND RESOURCES TO PREVENT THEM.- IDENTIFY WARNING SIGNS FOR STROKES TO VISIT MEDICAL SERVICES IN AN EARLIER MANNER.

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6 ACTIVITIES: CONTINUED TRAINING ON STROKES FOR PRIMARY ASSISTANCE PHYSICIANS. CREATION OF TRAINING MATERIAL FOR A STROKE WORK GROUP AT SEMERGEN TO GIVE A TRAINING COURSE FOR TRAINERS THAT IS PARTLY DEVELOPED ONLINE AND WILL CULMINATE WITH A CLASSROOM TRAINING DAY IN THE ANDALUSIAN PUBLIC HEALTH SCHOOL FOR 16

PHYSICIANS. THIS COURSE WILL BE GIVEN LATER IN EACH PROVINCE FOR A PHYSICIAN IN EACH HEALTH CENTRE (24 PHYSICIANS PER PROVINCE) THAT ARE LED BY THE PHYSICIANS TRAINED IN THE ANDALUSIAN SCHOOL. MATERIAL WILL BE GIVEN TO THE PARTICIPANTS IN THE CLASSES IN THE PROVINCES WITH THE CONTENTS OF THE COURSE TO GIVE A CLINICAL SESSION ON STROKES IN THEIR HEALTH CENTRE. THE COURSES WILL BE ACCREDITED BY THE QUALITY AGENCY OF THE DEPARTMENT OF HEALTH OF THE AUTONOMOUS GOVERNMENT OF ANDALUSIA. PROMOTION OF HEALTH VIS A VIS STROKES FOR THE GENERAL POPULATION - CREATION OF BROCHURE WITH RISK FACTORS TO DISTRIBUTE IN HEALTH CENTRES. - INFORMATIONAL TALKS FROM THE PATIENT ASSOCIATIONS. - CREATION OF SHORT FILM (RISK FACTORS, EFFECTS OF STROKE) TO BROADCAST ON TELEVISION, UPLOAD TO YOUTUBE, HEALTH CENTRES, ETC. - CREATE BLOGS

Audience

Type

- AF Patients
- Healthcare professionals
- Carers of AF Patients
- General public

Location

Spain, Europe