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Country: **Spain**

Titel of the project: **"The prevention of stroke is possible: join the fight"**

Project details

APAM ASOCIACIÓN DE PACIENTES ANTICOAGULADOS Y CORONARIOS DE MÁLAGA

ASOCIACIÓN DE PACIENTES ANTICOAGULADOS Y CORONARIOS DE MÁLAGA (APAM)

Award amount: €100,000

Creation of a School for Patients, taking the afflicted persons and their family environment as a source, in which the persons involved in the pathology will be the health agents, and health care personnel will take on a role as trainer to trainers.

GENERAL AND SCHEMATIC DEFINITION OF THE MOST SIGNIFICANT ASPECTS OF THE PROJECT. The main goal of this initiative is the prevention of stroke, its recurrence, and adherence to treatment, and for this purpose we will create a set of learning tools, taking the patients themselves and their family environment as a source, through a process of preliminary investigation and bibliographic studies together with interviews, that will serve as a source of support for the creation of a School for Patients. The group of interventions will have a pronounced behavioural and motivational nature, in addition to a formative nature, since we base on the premise that any change in attitude will require these three core themes to become effective. This focus will represent an important step toward stroke prevention and the importance of adhering to treatment. TARGET POPULATION Persons with coronary conditions and/or anticoagulant patients, their relatives and caretakers.

Health care personnes Cardiology and Hematology Services at the HCU Virgen de la Victoria and the HRU Carlos Haya de Málaga. APAM associates. COLLABORATORS AND SCIENTIFIC ADVISORS Dr. Eduardo de Teresa, Chief, Cardiology Department, HCU Virgen de la Victoria. Dr. Juan José Gómez Doblas, Dir. Management Division, Heart Area, HCU Virgen de la Victoria. Dr. Angel Montiel, Cardiology Department, HCU Virgen de la Victoria. Dr. Manuel Jimenez, Cardiology Department, HCU Virgen de la Victoria. Dr. Eduardo Olalla, Chief, Cardiovascular Surgery Department, HCU Virgen de la Victoria. Dr. Julio Gutiérrez de Loma, Chief, Cardiovascular Surgery Department, HRU Carlos Haya. Dr. Óscar Fernández, Chief, Neurology Department, HRU Carlos Haya. Dr. Rafael Bustamante, Neurology Department, HRU Carlos Haya. Dr. José Luis Delgado, Cardiology Department, HRU Carlos Haya. Dr. Ana Isabel Heiniger, Chief, Hematology Department, HRU Carlos Haya. Dr. Rosario Butrón, In charge of OAT consultations, HRU Carlos Haya. Juan Antonio Roperro, DUE, OAT consultations, HRU Carlos Haya. GENERAL OBJECTIVE To educate the high-risk population on the prevention of stroke in order to increase knowledge and training as pertains to warning symptoms, risk factors and adherence to treatment, encouraging active participation in the education process. SPECIFIC OBJECTIVES To get to know, via surveys, the attitude of patients toward the prevention of stroke and adherence to treatment. To design educational material in different formats that will facilitate the education of patients, taking these as a source of information. To mould the figure of the educating agent, a patient with a medical condition who will be in charge of educating other patients. To design and edit informative material in order to make this intervention known. To create a school of patients, the role of the health professional is as a trainer to other trainers. To organize and hold specific talks on the care of coronary diseases. AWAITED RESULTS With the group of interventions that are to be carried out, we hope to provide patients and their caretakers with the tools necessary to improve their self-care and, in this manner, to adequately prevent stroke and to promote awareness of the importance of adherence to treatment. We hope to be able to see a total of approximately 2,500 patients. We wil conduct a total of 12 informational meetings.

Audience

Type

- AF Patients
- Healthcare professionals
- Carers of AF Patients
- General public
- "persons with coronary conditions"

Location

Spain, Europe